

**UTAH STATE PARKS AND RECREATION  
BOATING SECTION  
LIST OF ACCEPTED FIRST AID COURSES  
FOR  
CAPTAIN'S/GUIDES LICENSE AND BOAT CREW PERMITS**  
UPDATED 8/4/2008

First Aid courses accepted as equivalent to or exceeding the content of American Red Cross "Emergency Response" or with curriculum taught in accordance with the USDOT First Responder Guidelines or the Wilderness Medical Society Guidelines for Wilderness First Responder. These courses are accepted for all Captain's/Guides licenses:

- State Issued Licenses/Certificates:
  - Medical Doctor – MD
  - Physician Assistant – PA
  - Registered Nurse – RN
  - Licensed Practical Nurse – LPN
  - Paramedic – EMT Paramedic
  - Emergency Medical Technician – EMT Basic
- Advanced Backcountry First Aid:
  - Wilderness Alert, Vancouver, BC, Canada (2004)
- Advanced First Aid or Academic First Aid - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (Certificate must indicate a minimum of 36 instructional hours, not including BLS) (2005)
- Advanced First Aid and Wilderness Emergency Care – Rescue Dynamics, Edmonton, Alberta, Canada (2003)
- Advanced Wilderness Emergency Response - Canadian Institute of Safety, Search and Rescue, Alberta, Canada (1999)
- Advanced Wilderness First Aid -
  - Sierra Rescue, Taylorsville, CA (2006)
  - Slipstream Wilderness First Aid, Victoria BC, Canada (2007)
  - Wilderness Medical Associates, Bryant Pond, ME (2008)
  - Wilderness Medicine Institute of NOLS, Lander WY (2003)
  - Wilderness Medicine Training Center, Winthrop, WA (2008)
- Emergency Response - American Red Cross, Washington, DC (2007)
- Essential Wilderness First Aid for Leaders – International Wilderness First Aid Associates, Vancouver, BC, Canada (2001)
- First Responder -
  - BLS for Life, Doug Dunford NREMT-B, Evanston WY (2008)
  - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (BLS and First Aid are valid for two years and are included on one certificate) (2005)
  - Honolulu Community College, Honolulu HI (2008)
  - National Safety Council, Itasca, IL (2008)
  - Piute County EMS, Piute County, UT (2002)
  - Safety Education Consultants, Durango, CO (2001)
  - Tallahassee Community College, Tallahassee, FL (2001)
  - USDOT, Washington, DC (2001)
  - Utah Emergency Medical Training Council, Salt Lake City, UT (2001)
- Occupational First Aid - Workers Compensation Board of British Columbia, Vancouver, B.C. (1999)
  - Level 3
  - Level 2 (Must have a "transportation" endorsement)
- Outdoor Emergency Care - National Ski Patrol, Lakewood, CO (2008)
- Wilderness Emergency Response - Canadian Institute of Safety, Search & Rescue, Alberta, Canada (1999)
- Wilderness Upgrade for the Medical Professional - Eastern Washington University, WA (2008)  
(Must be Emergency Response trained, have previously taken a 40 hour ARC First Responder Course)
- Wilderness EMT - Wilderness Medicine Training Center, Winthrop, WA (2008)

- **Wilderness First Responder -**
  - Aerie School for Back Country Medicine, Missoula, MT (1999)
  - Desert Mountain Medicine, Sandpoint, ID (2001)
  - Entrada Outdoor Medical, Salt Lake City, UT (2003)
  - First Lead – Wilderness Emergency Training, Telluride, CO (2002)
  - Northern Arizona University Rescue Medicine, Flagstaff, AZ (2008)
  - Prescott College, Prescott, AZ (1999)
  - Remote Rescue, Flagstaff, AZ (2005)
  - River Skills Center, Mount Shasta, CA (2000)
  - Sierra Rescue, Taylorsville, CA (2006)
  - University of Utah - Emergency Programs, Salt Lake City, UT (2000)
  - Utah Academy of Emergency Medicine, Salt Lake City, UT (2007)
  - Wilderness Emergency Resources, Boulder, CO (2001)
  - Wilderness Medical Associates, Bryant Pond, ME (2008)
  - Wilderness Medical Training Center, Winthrop, WA (2008)
  - Wilderness Medicine Institute of NOLS, Lander, WY (2003)
- **Wilderness First Aid –**
  - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (Certificate must indicate a minimum of 36 instructional hours, not including BLS) (2005)
  - Entrada Outdoor Medical, Salt Lake City, UT (2003)

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**First Aid courses accepted as equivalent to the content of American Red Cross “Standard” First Aid. These are accepted only for Boat Crew Permits:**

- **Advanced First Aid or Academic First Aid -** Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (When certificate indicates less than 36 instructional hours, not including BLS) (2005)
- **Basic Responder -** St. Mary’s Hospital, Grand Junction, CO (2001)
- **Basic/Standard First Aid -**
  - American Red Cross, Washington, DC (2002)
  - Emergency Care & Safety Institute & American Academy of Orthopedic Surgeons, Sudbury, MA (2005)
  - New Zealand Mountain Safety Council Inc., New Zealand (2000)
  - Pioneer Valley Hospital, West Valley City, UT (2001)
  - Safety Quest, Cedar City, UT (2001)
  - Save-A-Heart, Salt Lake City, UT (2000)
  - SOS Technologies, Englewood, CO (2005)
- **Emergency Care First Aid -** Heart Savers, Scottsdale, AZ (2000)
- **Emergency First Aid in the Workplace –** British Health and Safety Executive, United Kingdom (2001)
- **Explorer First Aid –** Wilderness Alert, Vancouver, BC, Canada (2004)
- **Heartsaver First Aid –** American Heart Association, Dallas, TX (May include CPR/BLS on one card) (2005)
- **Medic First Aid Basic –** Medic First Aid International, Inc., Eugene, OR (Includes American Heart Association BLS on one card) (2007)
- **Medic First Aid Basic Plus –** Medic First Aid International, Inc., Eugene, OR (Includes American Heart Association BLS on one card) (2007)
- **Medic First Aid Advanced First Aid –** Medic First Aid International, Inc., Eugene, OR (Includes American Heart Association BLS on one card) (2007)
- **Occupational First Aid -** Workers Compensation Board of British Columbia, Vancouver, B.C. (1999)
  - Level 2 (Without a “transportation” endorsement)
  - Level 1
- **Responding to Emergencies -** American Red Cross, Washington, DC (2006)

- **Wilderness First Aid -**  
 Aerie School for Back Country Medicine, Missoula, MT (2002)  
 Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (when certificate indicates less than 36 instructional hours, not including BLS) (2005)  
 First Lead – Wilderness Emergency Training, Telluride, CO (2002)  
 National Safety Council, Itasca, IL (when certificate/card indicates less than 36 instructional hours) (1998)  
 Northern Arizona University, Flagstaff AZ (2008)  
 River Skills Center, Mount Shasta, CA (2000)  
 Sierra Rescue, Taylorsville, CA (2006)  
 University of Utah - Emergency Programs, Salt Lake City, UT (2000)  
 Wilderness Medicine Institute of NOLS, Lander, WY (2003)  
 Wilderness Medicine Training Center, Winthrop, WA (2008)
- **What to do Until the Ambulance Arrives –** Utah Emergency Medical Training Council, Salt Lake City, UT (2004)
- **Workplace Training First Aid -** American Red Cross, Washington, DC (2001)

## Notes:

Unless otherwise noted above, each license/permit applicant or license/permit holder must possess two certificates (cards), one for the appropriate First Aid course and one for the appropriate CPR/BLS course.

It is the responsibility of the course provider to contact Utah State Parks and Recreation to request a review of their respective First Aid and/or CPR courses. In some cases, this responsibility may fall upon the course sponsor, the outfitting company sponsoring the license/permit applicant, or the applicant.

First Aid and/or CPR courses completed online must meet the requirements listed below and receive approval by Utah State Parks and Recreation prior to making an appointment for a license or permit.

For Captain's/Guides License:

R651-206-3(3)(e)(i): The first aid certificate must be issued for an American Red Cross "Emergency Response" course or equivalent course from a reputable provider whose curriculum is in accordance with the USDOT First Responder Guidelines or the Wilderness Medical Society Guidelines for First Responder.

R651-206-3(3)(e)(ii): The CPR certificate must be issued for an American Red Cross, American Heart Association, American Safety & Health Institute, National Safety Council CPR or VLS course, or an equivalent course from a reputable provider whose curriculum is in accordance with the 2005 Consensus on Science for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC).

For Boat Crew Permits:

R651-206-3(5)(e)(i): The first aid certificate must be issued for an American Red Cross "Standard" or "Basic" first aid course, or an equivalent course from a reputable provider.

R651-206-3(5)(e)(ii): The CPR certificate must be issued for an American Red Cross, American Heart Association, American Safety & Health Institute, National Safety Council CPR or VLS course, or an equivalent course from a reputable provider whose curriculum is in accordance with the 2005 Consensus on Science for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC).

First Aid and CPR certificates must include the following information: name, or title of the course; course provider; length of certification; name of the person certified and legible name of the course instructor.

Information for First Aid and CPR courses must be submitted to Utah State Parks and Recreation for an acceptance review a minimum of once every ten (10) years.

The following information must be submitted to Utah State Parks and Recreation for review of a First Aid and CPR courses whether they be class room or online:

Name or title of the course;

Course provider and necessary contact information;

List of the required text book(s);

Course curriculum. This may include course content, course outline and/or course syllabus;

Successful course completion requirements, i.e., skills assessments, and minimum passing score on the course exam;

Length of course, including attendance requirements;

Length of original certification period;

Re-certification requirements; and,

A sample course completion certificate (card).

For more information, telephone 801-538-7464.